

CHARTres 4 PEACE Contemplative LAByrinth prActivism™ TRANSITus LABwork™

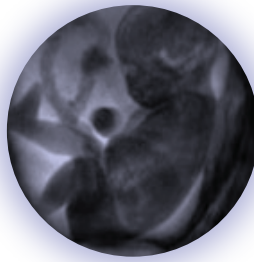
The universe, from the beginning, shaped the course of the heavens, lighted the sun, formed the earth, brought forth the continents and seas and atmosphere, awakened life in the primordial cell, brought into being the unnumbered variety of living beings, and finally brought humans ... into being, and guided them safely through the turbulent centuries – there is reason to believe that this same guiding force is precisely what has awakened in the human the present understanding of ourselves and our relationship to this stupendous process. Sensitized to this guidance we can have confidence in the future that awaits the human venture.

Thomas Berry



Our ancestors lived experience, the manner in which we are conceived, gestate in the womb, and are born, fertilizes “the soil out of which all beliefs, customs, behaviors, traditions, and institutions grow.”

Brian Swimme



Fetal movements: the origin of human behavior.
Einspieler, C., Prayer, D. & Marschik, P.B.
(2021) DOI: 10.1111/dmcn.14918 Creative Commons Attribution License

Resistance begins as a metabolic process in the embryo, continues as a physiological process throughout life, and has a psychological and spiritual function as well.

Michael Shea



ReConception Attraction Complex (RCAC):

Turbulence and chaos create the regenerative resistance necessary for the egg and sperm to resolve their one-sided characteristics. When the Pre-Conception Attraction Complex, which is created when an egg is covered globally with sperm, begins to rotate counterclockwise like Dorothy's tornado, fusion is possible. Reconceiving ourselves as a people, and a planet, require the same self-organizing turbulence and generative resistance.

All patterns of behavior have embryological developmental processes as their precursors.

Eric Blechschmidt



Reconceiving Ourselves:

We are "whole from the very beginning" (Jaap van der Wal). Exercising generative resistance, the egg and sperm fuse and begin falling apart into a new way of being. We are the first generation to begin to piece together an interdisciplinary approach to the science behind our multibillion-year-old cosmic Origin Story. How much of that story we identify with, is up to us. But, appreciating how our personal origin stories fit into our immense cosmic past may be the key to visualizing a long-term future for humanity.

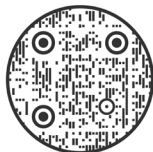
Can it be true that patterns in our prenatal experiences serve as a kind of template for behaviors later in life?

R.D. Laing 1927–1989



Finding Our 'Sit-Spot':

As a child, environmental activist, Joanna Macy mimicked the behaviors of implantation when she "disappeared into" the "fields and woods" around her grandfather's farm. For the majority of us, our never-to-be-duplicated biographies began with conception in a fallopian tube. However, it is the act of implanting, and feeling welcomed, that first satiates the biological drive to belong to a people and a place.



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Listen and download the *TRANSITus Nova Magnificat™* Soundscape Learn to walk the *TRANSITus LAB™*

The ideal condition for the human being is not bovine placidity. It is, rather, the highest degree of tension that can be creatively borne"

Alfred Kroeber 1876 – 1960



HEART COHERENCE: a Subtle Form of Labyrinth Activism:

If it is true that "humanities destiny is to become the heart of the universe" (Mary Ellen Tucker and Brian Swimme), then clearing the emotions filed away in the "storehouse of the heart" (Hugh of St. Victor 1096 – 1141 is needed to make more room for Heart Coherence.

Our psyche is set up in accord with the structure of the universe. ... what happens in the macrocosm likewise happens in the most subjective reaches of the psyche

C.G. Jung



HEART WOMB: as a Place of Refuge

Heart coherence has been shown to regulate breathing, heart, and brain rhythms, as well as, stress hormones. It can help excavate the joy that is buried under grief and trauma. Brad Blanton found joy to be "the most primitively repressed emotion, and the one closest to the original source of unity in the womb and early life."

The deepest crises experienced by any society are those moments of change when the story becomes inadequate for meeting the survival demands of a present situation.

Thomas Berry



THE GREAT TURNING:

After the heart is formed, the month-old embryo knows how to enfold its organs within body walls by rotating 180° and turning inside out. This inner shaping tendency continues to guide the great evolutionary turning now underway.

The only way out is through.

Robert Frost



Trapdoor

The symbolic language of my deconstructed Medieval labyrinth signifies that we have moved beyond the simpler cosmology of that time. Having to navigate the laser-thin passage that leads to the underbelly of the labyrinth, suggests that experiencing a collective 'Dark Night of the Soul' may actually fortify us with the underground strength of untoughed grief. Transitus poet, Emily Dickinson, tells us to "step lightly on the narrow spot" where birth and death cycle through the same portal.