

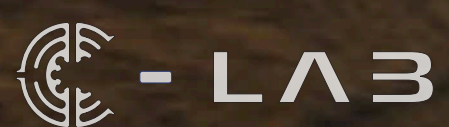
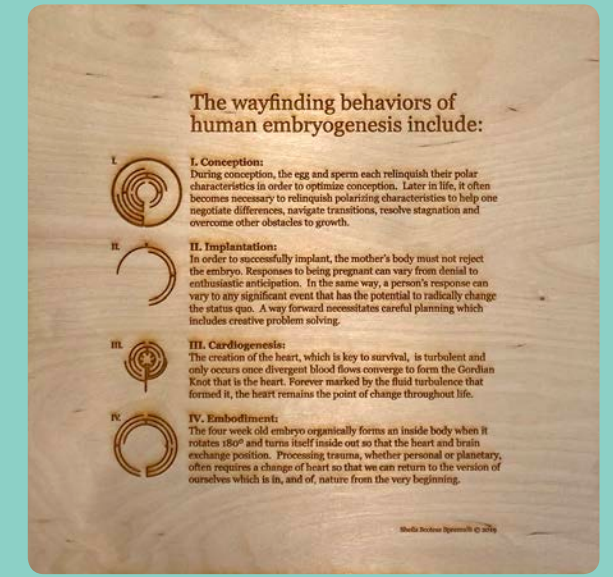





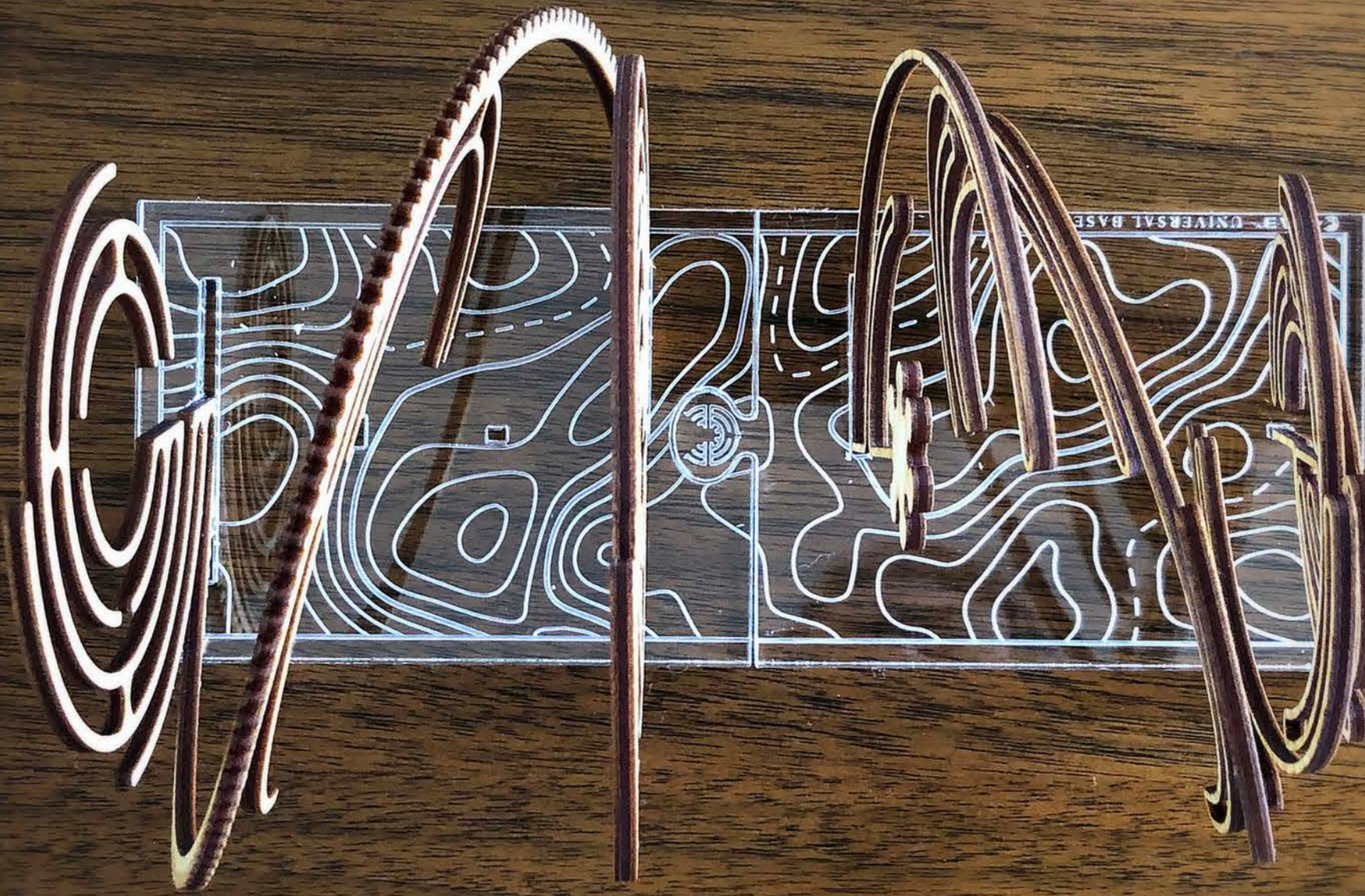
# CHARTRES 4 PEACE LABYRINTH™

The -LAB tells the mythic, wayfinding behaviors of transformation-by-ordeal that is the biological substrate of our personal origin story. But, unlike the ego-driven hero's journey, the -LAB path is growth protected and regenerative. It combines key precepts from the arts and humanities with writing prompts from Dennis P. Slattery's Writing Myth, Mythic Writing: Plotting Your Personal Story to help raise awareness about how adult life rhymes with/parallels/reflects early lived experience.



## Rhyming Spirals™

The -LAB Rhyming Spirals™ provide a mode for self-reflection based on one of the fundamental laws of natural development: that development moves in spirals, and that the true law of nature is always accessible through the labyrinth journey. As C.G. Jung posited in his seminars on dream analysis in the late 1920s, we develop in a spiral, always returning to the same point where we have been before, but never in exactly the same way.






*"The spiral is smooth, regular, ordered ... The labyrinth [can seem] torturous, convoluted [and] disordered [and] surely not unrelated to a sense of the first path a human being travels ... out of the maternal womb. Every human being's first labyrinth is that of a woman."*


Jacques Attali (1999)  
The Labyrinth in Culture and Society: Pathways to Wisdom.

**"Cycles in fact are rounder than circles, cycles in time become globes."**

James Hoggard

On the -LAB path one becomes increasingly aware of the Nature of being. The path becomes a pilgrimage when one begins to intuit that more than physical thresholds were crossed during conception, birth, breastfeeding and bonding.

More comprehensive spiritual autobiography includes these experiences and thus help us arrive safely in the geography of our origin story represented by the inscribed pattern on the acrylic base designed to hold both the small -LAB puzzle and Spiral Path and the -LAB Rhyming Spirals

Our bodies are 'vehicles of passage' that make us pilgrims and pioneers. Our natural propensity to move was learned in the womb – our first environment, while there we learned specific behaviors that can help guide us through what Joanna Macy calls the Great Turning. Ours is an encoded narrative of creative emergence both scientific and mythic. -LAB walkers become EmbryAdults™ when, ever more watchful of new developmental thresholds, they mindfully oscillate back and forth before crossing into larger worlds where the animate and seemingly inanimate share a global kinship.

